

Tree Spa

at HIDDEN POND

2020 Massage Services

Pure Therapy Massage

You and your therapist will begin this journey by selecting an aromatic essential oil blend and discussing your therapeutic needs to develop a customized and targeted massage. Relax and breathe deeply as your therapist soothes or invigorates your muscles depending on your needs. This focused treatment utilizes a combination of massage techniques, scented oils and our serene and peaceful surroundings to relax and renew.

90 Minutes \$195

Muscle Melt Renewal Massage

This focused, tension-relieving massage uses scented oils, warmed towels and therapeutic gels to concentrate on the stress areas of the upper back, neck, shoulders and scalp. This treatment is great for those experiencing jet lag or travel stress or those suffering from muscle tightness and tension in the back area.

90 Minutes \$210

CBD Infused Massage

CBD infused massages bring a new meaning to deep and total relaxation. This wonderful pain-relieving alternative to our massages offers our CBD oils that battle inflammation by activating the pathway receptors in the body, reducing soreness and stiffness. These treatments will enhance the feeling of wellbeing, allowing your body to relax longer.

90 Minutes \$210

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Spa Policies

Reservations

Due to the size of the spa and limited availability, we highly recommend that you schedule your treatments in advance of your visit.

To ensure that all guests can enjoy the peaceful environment of the Tree Spa at Hidden Pond, we respectfully request that noise be kept to a minimum. For your safety, we recommend refraining from drinking alcoholic beverages before receiving a spa treatment. Children are not permitted in the spa. In consideration of other guests, please leave your cell phone behind. Smoking is prohibited.

Early Arrival Requested

We strive to ensure that all of our guests are seen at their scheduled time, so please plan to arrive 10 minutes prior to your appointment to complete the Guest Intake Form. If your arrival is late, your service may need to be shortened or adjusted to accommodate our schedule and other guests.

Cancellation

A 24-hour cancellation notice is required for all appointments or you will be billed for 100% of your service and gratuity.

Special Consideration

At this time we are requesting special attention to how you feel. If you have had a sore throat, cough, fatigue, shortness of breathe or have been in close contact with individuals with Covid 19, we ask that you do not book appointments at this time.

Please advise us of any medical condition, injury, or if you are currently under a physician's care. Conditions such pregnancy, high blood pressure or heart ailments are of special interest to our spa professionals. We strive to provide you with the best attention possible and want to be sure that our treatments do not interfere with any issues you may be experiencing. We will customize our services to fit your needs whenever possible.

What to Wear

For most treatments, no special clothing is necessary. Our therapists are well versed in proper draping techniques to ensure your privacy and comfort.

Gratuities

Prices do not include gratuity. A 20% gratuity will be added to your service(s).

Location | Parking

The Tree Spa is located near our restaurant, Earth at Hidden Pond, on the other side of the Serenity Pool.

Parking is available in front of Earth or near the Event Barn.

Payment

We accept Visa, Master Card, American Express and Discover. Guests of Hidden Pond and The Tides Beach Club may charge services to their room account.